CLWB RHWYFO ABERYSTWYTH ROWING CLUB

Penwythnos Rwyfo Cymru Gyfan
Aberystwyth
All Wales Rowing Weekend

Ymunwch â ni am benwythnos gŵyl y banc o rwyfo, rasio, adloniant byw a hwyl!

Join us for a bank holiday weekend of rowing, racing, live entertainment and fun!



Dydd Sadwrn a Sul
Saturday & Sunday

3-4 Mai 2025
3-4 May 2025



Dydd Sadwrn
Saturday

Ras Cynghrair Aberystwyth League Race

Nos Sadwrn
Saturday Evening

hefo / with

MISHA AND THE KINGS

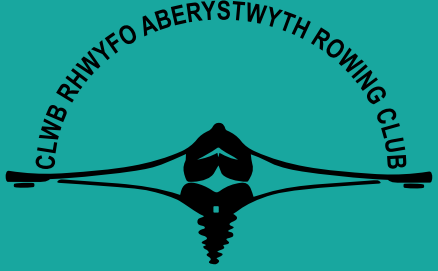
Dydd Sul
Sunday

Ras Pellter Hir "North to Borth" Long Distance Race

RHWYFO MÔR CYMRU
WELSH SEA ROWING

Archebwch eich lle ar wefan Rhwyfo Môr Cymru
Book your place on the Welsh Sea Rowing website

Manylion



Details

Penwythnos Rwyfo Cymru Gyfan
Aberystwyth
All Wales Rowing Weekend

Ras Cynghrair Gyfunedig

Oedolion: £8
Rhwyfwyr iau: £5

Cofrestru: 8:00 - 9:30
Briff cocsys: 10:30
Ras gyntaf: 11:00

Nos Sadwrn

Am ddim ar gyfer pob cystadleuydd:

MISHA & THE KINGS
yng Nghlwb Rygbi Aberystwyth
o 19:00 ymlaen

Ras Pellter Hir

"North to Borth"

9 môr-filltir
£15 y rhwyfwr (£75 y cwch)

Cofrestru: 8:30 - 9:30
Briff cocsys: 10:30
Amser dechrau: 11:00

Anaddas i rwyfwyr amhrofiadol a rhwyfwyr iau

Gwybodaeth Ychwanegol

Penderfyniad dros dro am 19:00 ar bob diwrnod cyn rasio

Penderfyniad terfynol am 07:00 ar bob diwrnod rasio

Cawodydd ar gael yn y marina ar gyfer pob cystadleuydd

Diodydd, cacennau a bwyd pob dydd. Opsiwn llysieuol ar gael. Rhowch wybod i ni am unrhyw ofynion dietegol.

Joint League Race

Adults: £8
Juniors: £5

Registration: 8:00 - 9:30
Coxes briefing: 10:30
First race: 11:00

Saturday Evening

Free for all competitors:

MISHA & THE KINGS
at Aberystwyth Rugby Club
from 19:00 onwards

Long Distance Race

"North to Borth"

9 nautical miles
£15 per rower (£75 per boat)

Registration: 8:30 - 9:30
Coxes briefing: 10:30
Start time: 11:00

Unsuitable for novice rowers and junior rowers

Additional Information

Provisional decision at 19:00 on each day prior to racing

Final decision at 07:00 on each day of racing

Showers available at the marina for all competitors

Drinks, cakes & food throughout both days. Vegetarian option available. Please let us know of any dietary requirements.

Cyrraedd

CLWB RHWYFO ABERYSTWYTH ROWING CLUB

Arriving

Penwythnos Rwyfo Cymru Gyfan

Aberystwyth

All Wales Rowing Weekend



NEWIDIADAU I DREFNIADAU DADLWYTHO A LLWYTHO ARFEROL

Pob cwch i gyrraedd Marina Aberystwyth
what3words ///number.plant.paddlers
Y Lanfa, Trefechan, Aberystwyth SY23 1AS

PARCIO AR GYFER TRELARS A CHERBYDAU TYNNU YN UNIG.

Bydd marsialiaid yn eich cyfeirio. Dylai pob cerbyd arall ddefnyddio opsiynau parcio eraill. Bydd angen i glybiau badlo eu cychod ar draws y marina i'r traeth ger slip y bad achub a'r 'Boat Shed'. Gellir gwneud hyn gyda 3 criw.

Bydd cychod sy'n aros dros nos yn cael eu clymu i bontŵn yn y marina (neu gellir eu llwytho yn ôl ar drelars). Rydym yn argymell i chi ddod â ffenders. Mae'r marina o fewn pellter cerdded (1km) i'r 'Boat Shed' lle bydd y cofrestru, briff cocsys a'r bwyd.

PLEASE NOTE CHANGES TO USUAL UNLOADING AND LOADING ARRANGEMENTS

All boats to arrive at Aberystwyth Marina
what3words ///number.plant.paddlers
Y Lanfa, Trefechan, Aberystwyth SY23 1AS

PARKING FOR TRAILERS AND TOWING VEHICLES ONLY.

Marshals will direct you. All other vehicles should use alternative parking options. Clubs will need to paddle their boats across the marina to the beach near the lifeboat slip & the 'Boat Shed'. This can be done with 3 crew.

Boats staying overnight will stay in the marina secured to a pontoon (or can be loaded back onto trailers). We advise you to bring fenders. The marina is a short walk (1km) to the 'Boat Shed' for registration, coxes briefing & food.

Mel: 07977 270042 Ian: 07964 590878 Louise: 07747 866156